Coaching Boys INTO MEN®

CoachesCorner.org

Advanced Coaches Clinic Toolkit

FAQ, Information, and Cover Page

What's inside the toolkit?

- **5 New Facilitator's Guides w/ Coach Handouts for CBIM Advocates to Train Coaches in Vital Topics:**
  1) **Building Healthy Environments for LGBTQ+ Athletes**
  2) **Coaching Practices to Address Racism in Sports**
  3) **Survivor-Centered Approaches to Discussing Sexual Assault**
  4) **Coaching Consent & Boundaries**
  5) **Coaching Healthy Conflict, Breakups, and Rejection**
- **A Guide to Leveraging Peer Leaders in CBIM**

Why create an Advanced Clinic Kit in addition to the basic training for coaches?

- **While the 2-hour 101 Coaches Clinic prepares coaches to deliver CBIM, it provides only an overview of dynamics around masculinity, healthy relationships, and program delivery. Ongoing, deeper training is needed for coaches to continue growing as mentors and facilitators of these topics.**
- **Research from the UPMC Children's Hospital of Pittsburgh shows that around one-third of CBIM coaches misrepresent or misdeliver elements of the curriculum. Additional training and support from Advocates is critical to ensure that CBIM is delivered as a gender-transformative program.**
- **For years, Advocates have asked for CBIM 2.0. In lieu of creating a tiered version of the program which may complicate the clarity of program delivery, we believe that additional training for coaches & the leveraging of CBIM peer leaders is the best method of multi-year, transformative implementation.**

When should I use the Advanced Clinic materials in my CBIM implementation?

- **The Advanced Clinic Toolkit is intended to be directed towards coaches who have already received the 101 Coaches Clinic training and implemented CBIM. The additional training and peer leadership model deepen coaches' skills and enable each CBIM season to grow upon the last. The Toolkit should also be used to "course correct" if implementation does not look as intended.**
- **The Advanced Clinic Toolkit can be used:**

1. **At the beginning of CBIM implementation–time allowing–in combination with the 101 Coaches Clinic.**
2. **Before the 2nd season of implementation to strengthen coaches' skills & address gaps in knowledge (such as around LGBTQ+ issues).**
3. **Throughout the season, particularly by using the variety of handouts, individual activities, and scenarios.**

What if I don't have time for a full 2-hour additional training for coaches / Is the Advanced Clinic Toolkit adaptable?

- **Yes! The Advanced Clinic Toolkit's materials have been designed to be used as whole trainings or broken into smaller segments.**
- **Activities and handouts can be used independently, up to Advocates' discretions.**
- **This Toolkit is meant to be supplemented with your expertise and other materials. Please add videos, tweak activities, and supplement training for coaches as you see fit.**

Can I use the training materials virtually?

- **Yes! The *Advanced Clinic Toolkit*, just like the Coaches Clinic 101, can be delivered and shared virtually.**

What training do I need to deliver the Advanced Clinic Toolkit materials?

- **It's critical to be confident and knowledgeable in the Advanced Clinic topics before training coaches in them. This is especially true for subjects around addressing racism and LGBTQ+ athletes. Consider training from other organizations such as RISE and The Trevor Project.**
- **The CBIM Learning Collaborative Recordings (link below) and other CBIM Toolkits (on the CoachesCorner website) are a great place to get acclimated to the content.**

Have more questions about the Advanced Clinic Toolkit?

Check out CBIM Learning Collaborative Recordings which cover how, when, and why to use the *Toolkit* in more detail.

Email us at CoachesCorner@FuturesWithoutViolence.org.

Acknowledgments

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To learn more about One Love and the signs of healthy and unhealthy relationships, and to access free educational resources, visit JoinOneLove.org.

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