

Pre-Season Survey for Athletes



TODAY'S DATE: _____

Thank you in advance for taking this important survey. Below are questions about behaviors you may see among your peers or others you know, about healthy and unhealthy relationships, and about your experiences with your athletic coach.

This survey is voluntary. Your responses are anonymous, as your personal ID code will anonymize your identity and no participants will be identified. So please be as honest as you can as that helps us make the program and experience better for all.

SECTION 1: Please MARK ONLY ONE response for each question.

In the past 3 months did any of your coaches talk to your team/group about the following?

1.1) Being respectful towards women and girls.

- (1) Yes, my coach talked to us about this.
- (2) No, my coach didn't talk to us about this.
- (3) I wasn't involved in this group for the past three months.

1.2) Stopping kids from doing harmful or violent things towards a girl or girls.

- (1) Yes, my coach talked to us about this.
- (2) No, my coach didn't talk to us about this.
- (3) I wasn't involved in this group for the past three months.

→ CONTINUE to Question <u>2.1</u>

SECTION 2 INSTRUCTIONS: This is a list of things some people say or do to people they date and/or hook up with. Please rate each of the following actions on the scale from not abusive to abusive.

Please **MARK ONLY ONE** response for each question.

2.1) Name calling or insulting them.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.2) Telling them they're ugly or stupid.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.3) Making fun of them in front of other people.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.4) Telling them what to do all the time.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.5) Telling them which friends they can and can't see or talk to.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

→ CONTINUE to Question <u>2.6</u>

2.6) Pressuring their partner to not break up with them.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.7) Not listening to what they have to say.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.8) Trying to convince them to have sex.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.9) Preventing them from leaving a room or location.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.10) Distrusting where they say they're going or spying on them.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

→ CONTINUE to Question 2.11

2.11) Being physically or sexually intimate with someone without asking if they want to.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.12) Constantly contacting them via their cell phone/text, Instagram, Facebook, email, instant message, or other method to find out who they are with, where they are, and what they are doing.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.13) Threatening to hit them.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.14) Forcing them to have sex.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.15) Pressuring them to skip class, work, sports, clubs, or other activities.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

→ CONTINUE to Question 2.16

2.16) Constantly asking them to pay for activities, meals, or other gifts.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.17) Consistently showing up and interrupting or bothering them at work.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

2.18) Using their credit card or cash without permission.

- (1) Not abusive
- (2)
- (3)
- (4)
- (5) Abusive

SECTION 3: The following questions ask about behaviors you might see among your friends and/or peers. Please rate each question by very unlikely, unlikely, not sure, likely or very likely.

Please MARK ONLY ONE response for each question.

How likely are you to do something to try and stop what's happening if a male peer or friend of yours is:

3.1) Making rude or disrespectful comments about a girl's body, clothing or make-up?

- (1) Very unlikely
- (2) Unlikely
- (3) Not Sure
- (4) Likely
- (5) Very likely

→ CONTINUE to Question 3.2

3.2) Spreading rumors about what a girl may do sexually, like saying she's "easy"?

- (1) Very unlikely
- (2) Unlikely
- (3) Not Sure
- (4) Likely
- (5) Very likely

3.3) Fighting with a girl where he's starting to yell at or threaten her?

- (1) Very unlikely
- (2) Unlikely
- (3) Not Sure
- (4) Likely
- (5) Very likely

3.4) Doing unwelcome and/or uninvited actions toward a girl (or group of girls) such as howling, whistling or making sexual gestures?

- (1) Very unlikely
- (2) Unlikely
- (3) Not Sure
- (4) Likely
- (5) Very likely

3.5) Pushing, grabbing, hitting, or otherwise physically hurting a girl?

- (1) Very unlikely
- (2) Unlikely
- (3) Not Sure
- (4) Likely
- (5) Very likely

3.6) Showing other people sexual messages or naked pictures of a girl without her consent, on a cell phone, tablet, or the Internet?

- (1) Very unlikely
- (2) Unlikely
- (3) Not Sure
- (4) Likely
- (5) Very likely

3.7) Telling sexual jokes that disrespect women and girls?

- (1) Very unlikely
- (2) Unlikely
- (3) Not Sure
- (4) Likely
- (5) Very likely

→ CONTINUE to Question 3.8

3.8) Taking advantage of a girl who is drunk or high from drugs (like touching/groping, embarrassing her, kissing, taking pictures of her, having sex with her)?

- (1) Very unlikely
- (2) Unlikely
- (3) Not Sure
- (4) Likely
- (5) Very likely

3.9) Pressuring a girl to be physically or sexually intimate without asking whether she wants to?

- (1) Very unlikely
- (2) Unlikely
- (3) Not Sure
- (4) Likely
- (5) Very likely

SECTION 4: Please rate the following statements on whether you strongly agree, agree, are not sure, disagree or strongly disagree with the statements.

Please MARK ONLY ONE response for each statement.

4.1) A guy never needs to hit or harass another guy to get respect.

- (1) Strongly agree
- (2) Agree
- (3) Not sure
- (4) Disagree
- (5) Strongly disagree

4.2) A girl wearing revealing clothing deserves comments about how she looks.

- (1) Strongly agree
- (2) Agree
- (3) Not sure
- (4) Disagree
- (5) Strongly disagree

→ CONTINUE to Question <u>4.3</u>

4.3) It bothers me when a guy acts like a girl.

- (1) Strongly agree
- (2) Agree
- (3) Not sure
- (4) Disagree
- (5) Strongly disagree

4.4) I think guys who make a lot of money are manlier than those who don't.

- (1) Strongly agree
- (2) Agree
- (3) Not sure
- (4) Disagree
- (5) Strongly disagree

4.5) If a guy asks for help with his problems, he will look weak.

- (1) Strongly agree
- (2) Agree
- (3) Not sure
- (4) Disagree
- (5) Strongly disagree

4.6) In a good dating relationship, the guy should pay for things most of the time.

- (1) Strongly agree
- (2) Agree
- (3) Not sure
- (4) Disagree
- (5) Strongly disagree

4.7) Guys should only hook up/have sex with girls.

- (1) Strongly agree
- (2) Agree
- (3) Not sure
- (4) Disagree
- (5) Strongly disagree

→ CONTINUE to Question 4.8

4.8) I respect a guy who backs down from a fight.

- (1) Strongly agree
- (2) Agree
- (3) Not sure
- (4) Disagree
- (5) Strongly disagree

4.9) A guy should share in household chores. (for example, washing dishes, vacuuming, etc.).

- (1) Strongly agree
- (2) Agree
- (3) Not sure
- (4) Disagree
- (5) Strongly disagree

4.10) When a girl is raped (forced to have sex) it is often because she did not say "no" clearly enough.

- (1) Strongly agree
- (2) Agree
- (3) Not sure
- (4) Disagree
- (5) Strongly disagree

SECTION 5: Please MARK ONLY ONE response for each question below.

5.1) What age range are you within?

- (1) 10 – 14 years
- (2) 15 – 19 years
- (3) 20 – 24 years

5.2) To which gender identity do you most identify? (Optional)
Please write in above the line.

(fill in blank) _____

→ CONTINUE to Question 5.3

5.3) Are you of Hispanic, Latino, or of Spanish origin?

- (1) Yes
- (2) No

5.4) How would you describe yourself? (MARK ALL that apply)

- (1) American Indian/Alaska Native
- (2) Asian
- (3) Black or African American
- (4) Native Hawaiian or Other Pacific Islander
- (5) White
- (6) Prefer not to say

5.5) What is the last number of your phone number? If you don't have one, write "0" (zero)

5.6) What is the first letter of your favorite color? If you don't have one, write "X"

5.7) Write the numbers of the month and day of your birthdate (example: April 5 is "45";
December 19 is "1219")

5.8) What is the first letter of your first grade teacher's last name? If you don't remember, write
"X"

This is an anonymous survey though we ask that you create a personal identification code (PID Code) with questions 5.5-5.8 so we can couple this survey with the one you'll take immediately after the season. Your PID code will never identify who you are specifically.

THANK YOU VERY MUCH FOR TAKING THE TIME TO COMPLETE THIS SURVEY!

Updated 9.2.22